

# Temiskaming Shores RECREATION GUIDE

Waterfront Pool and Fitness Centre

Community Parks and Trails

Sport Fields and Facilities

Community Events

Youth Activities and Clubs



City of Ville de  
**Temiskaming  
Shores**



[www.temiskamingshores.ca](http://www.temiskamingshores.ca)



The content included in this guide represents the services and organizations that make our community a great place to live. Please submit any additions or corrections to be included in the next version of this guide to:

City of Temiskaming Shores  
Recreation Department

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ON SOCIAL MEDIA!





# Recreation Contact List

## CITY HALL

325 Farr Drive, Haileybury, ON

**CALL** 705-672-3363

**EMAIL** [info@temiskamingshores.ca](mailto:info@temiskamingshores.ca)

## WATERFRONT POOL & FITNESS CENTRE

77 Wellington Street, New Liskeard, ON

**CALL** 705-647-5709

**EMAIL** [pfc@temiskamingshores.ca](mailto:pfc@temiskamingshores.ca)

## DIRECTOR OF RECREATION

Mathew Bahm

**CALL** 705-672-3363 ext. 4106

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## SUPERINTENDENT OF PARKS AND FACILITIES

Paul Allair

**CALL** 705-647-5728 ext. 4601

**EMAIL** [pallair@temiskamingshores.ca](mailto:pallair@temiskamingshores.ca)

## SUPERINTENDENT OF COMMUNITY PROGRAMS

Jeff Thompson

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## AQUATICS COORDINATOR

Sheryl Gilbert

**CALL** 705-647-5709 ext.4222

**EMAIL** [sgilbert@temiskamingshores.ca](mailto:sgilbert@temiskamingshores.ca)

## AGE FRIENDLY COORDINATOR

Lynn Julien

**CALL** 705-647-5709 ext. 4227

**EMAIL** [ljulien@temiskamingshores.ca](mailto:ljulien@temiskamingshores.ca)

## WATERFRONT POOL & FITNESS CENTRE ADMINISTRATIVE ASSISTANT

Alexandra Leveille

**CALL** 705-647-5709 ext. 4221

**EMAIL** [alexandra.levaille@temiskamingshores.ca](mailto:alexandra.levaille@temiskamingshores.ca)



[www.temiskamingshores.ca](http://www.temiskamingshores.ca)



The Corporation of the City of Temiskaming Shores



TemShoresCity



TemShoresCity

# Waterfront Pool and Fitness Centre

The Waterfront Pool & Fitness Centre is air conditioned with spectacular views of beautiful Lake Temiskaming. The main level offers a wide variety of strength training and toning equipment to suit your needs. The equipment is very user friendly and great for both novice and advanced users. There is a great selection of cardio equipment such as treadmills, ellipticals, bikes, rowers, and a stair master. The Fitness Centre also has a large selection of free weights.

**CALL 705-647-5709**

[www.temiskamingshores.ca](http://www.temiskamingshores.ca)

## IRON ROOM

In addition to the main fitness area, we offer the Iron Room which includes a hack squat, Cybex bench press, incline press and shoulder press. There is a variety of Troy rubber hex dumbbells that range from 5lbs to 120 lbs. There is also a squat rack, bench press and preacher curl.

## CROSSFIT ROOM

The CrossFit Room provides an alternative area for stretching, exercise balls for core strengthening, ab rollers and much more.

## SQUASH COURT

Squash is an excellent activity to participate in for cardiovascular endurance. Come on out for a competitive, but fun game. Racquets are available to rent from the front desk. Members are entitled to book a court 48 hours in advance by telephone or at the front desk. The names of both players must be given at the time of booking and will be verified upon checking in. We request that court cancellations are done at least two hours prior to court time. The Waterfront Pool & Fitness Centre Squash Court is located on the lower level of the facility.



## HOURS OF OPERATION FOR SQUASH AND WEIGHT ROOM

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00am 8:30pm	6:00am 8:30pm	6:00am 8:30pm	6:00am 8:30pm	6:00am 8:30pm	8:00am 6:00pm	10:00am 4:30pm

## INDOOR POOL

The aquatic facility consists of four changerooms, two saunas located in the men's and women's changerooms, an on-deck hot tub and a 100m slide. The indoor pool is 25m in length with 3 swimming lanes, a shallow end and a deep end. An accessible ramp is located in the shallow end. Lifeguards are on duty at all times during scheduled swims and lifejackets are available to borrow, free of charge.

Pool Hours: Please refer to pool schedule at the City of Temiskaming Shores website under Pool and Fitness Centre's hours of operation.

## BIRTHDAY PARTIES

Celebrate your birthday at the Waterfront Pool & Fitness Centre! Available bookings on Saturdays from 4:15 pm to 6:15 pm. Includes one hour pool rental with one hour viewing room rental. Food and cake not provided. Please contact us for more information, including details on pool admittance policy, availability and pricing.

## POOL RENTALS

The pool is available for private rentals on Saturdays from 4:15 pm to 5:15 pm. Please contact us for more information, including details on pool admittance policy, availability and pricing.



## HAPPY HEART PREVENTATIVE CARDIAC PROGRAM

This preventative Program is for anyone wanting to learn about living a heart-healthy, active lifestyle in an informal, supportive, comfortable environment. It is important to look after your heart NOW in order to prevent problems down the road. **Prevention is the key!**

### Benefits of the Program

- Increased awareness of all the components of living a healthy lifestyle.
- Increased ability to identify Risk Factors for heart problems.
- Increased knowledge of how all aspects of healthy living - eating properly, keeping control of your stress, exercising, managing cholesterol, sugar levels, blood pressure, and weight all lead to improved health.

CALL 705-647-5709

EMAIL [hearthappyprogram@gmail.com](mailto:hearthappyprogram@gmail.com)



# DID YOU KNOW?

WE OFFER

# AQUAFIT CLASSES

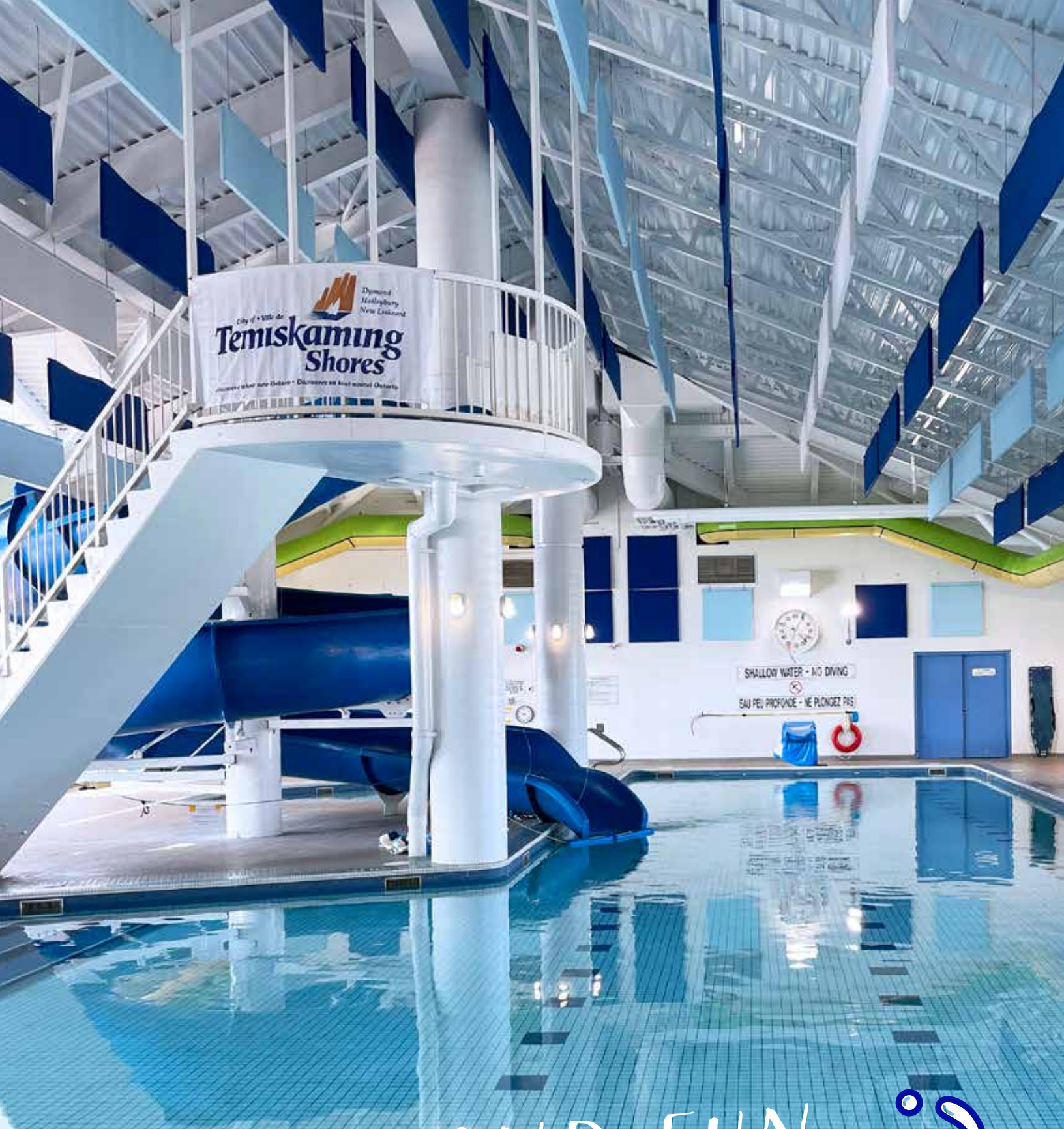
Join us for Aquafit every Monday, Wednesday and Friday from 9:00 am to 9:45 am.

2023 - 2024 pricing

Per class	8 classes	16 classes	24 classes
\$6.75	\$40.68	\$75.94	\$105.77

A non-resident fee of 25% will apply to residents living outside of Temiskaming Shores

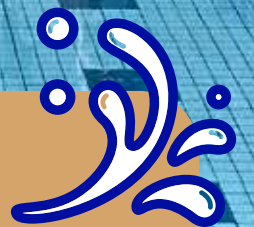
CALL 705-647-5709



City of Ville de  
**Temiskaming  
Shores**  
Dymond  
Hollingsbury  
New Liskland  
Assessors et évaluateurs de biens • D'assessors et évaluateurs de biens

SHALLOW WATER - NO DIVING  
EAU PEU PROFONDE - NE PLONGEZ PAS

FITNESS AND FUN  
FOR EVERYONE!







# Age Admission Policy & Pool Safety

## AGE ADMISSION POLICY

Children under  
6 years old

Regardless of swimming ability, children must be accompanied by a parent or guardian who is at least 16 years of age and responsible for their direct supervision, with a maximum of two children per parent/guardian and must be in bathing attire and within arm's reach of the child(ren) at all times in and out of the water.

Children aged  
6-9 who are  
non swimmers

Non swimmers who are ages 6-9 must be accompanied by a parent or guardian who is at least 16 years of age and responsible for their direct supervision, with a maximum of three (3) children per parent/guardian and must be in bathing attire and within arm's reach of the child(ren) at all times in and out of the water.

Children aged  
6-9 who are  
non swimmers  
and wearing  
CSA approved  
lifejackets

Non swimmers who are ages 6-9 wearing CSA approved lifejackets must be accompanied by a parent or guardian who is at least 14 years of age and responsible for their direct supervision, with a maximum of six (6) children per parent/guardian and must be in bathing attire and within arm's reach of the child(ren) at all times in and out of the water.

## POOL SAFETY

**Know your limitations.** Be aware of deep areas.

**PFD's are available** for use free of charge.

**No running** on pool deck.

**Feet first please.** No diving in the pool. The shallow end is .9 m and the deep end is 1.98 m.

**No wrestling** or rough play.

**Report faulty** equipment to staff.

**No prolonged breath holding** or breath holding games.

**The bigger float boards** are for the shallow end only.

**Children under 12 years** of age may use the hot tub with a parent or guardian 16 years of age or older.

**All children wanting to use the large slide** must pass a swim test, and be at least 3.5 feet/1.06m/106cm tall.

**The use of cellular phones, personal digital assistants, and digital cameras** in the change room, washrooms, whirlpool and pool are prohibited. Special considerations may be made during private swim rentals.

**Aquatic Wheelchair** is available.

**If we experience an unexpected increase of patrons** during a swim time, the use of the slide may not be guaranteed.

**Remove shoes** before entering change rooms or pool area.

**Finish eating and drinking** before entering change room.

**Plastic water bottles** are permitted on deck.

**No open or glass containers** are allowed in the change room or pool area.

**Protect your belongings** by securing them in a locker.

**Do not bring** valuables to facility.

**Research shows that learning how to swim SAVES LIVES**  
– Register for Swim Lessons today

**Lifeguard must be obeyed promptly and at all times**

The use of cellular phones, personal digital assistants, and digital cameras in the change rooms, washrooms, whirlpool and pool are prohibited.



## POOL RULES AND GUIDELINES

**Alert Staff** of any medical problems, (heart condition, epilepsy, etc.).

**Do not swim** if suffering from a cold, flu, bacterial or viral infection, communicable disease or severe skin condition. Do not enter the pool if you currently suffer from diarrhea or have had diarrhea within the last two weeks.

**Report Discharges** (vomit, blood, feces) immediately to staff for cleaning. Water contamination may result in long and costly pool cleaning and shutdown.

**No spitting** or spouting of water or blowing of nose in the water.

**Limit your stay in the sauna or whirlpool** to no longer than 10 minutes at a time. Please consult a doctor if you have epilepsy, diabetes, high blood pressure, heart conditions or are pregnant prior to using sauna or whirlpool.

**Clean swimming apparel** is required in the pool.

**Take a cleansing shower** before every swim to avoid carrying dirt, bodily secretions, bacteria or residue from hygiene products into the pool.

**Use washroom facilities** before swimming, especially children.

**Children who are not toilet trained** must wear waterproof diapers.

**Ensure children and/or adult diapers** are properly secured and changed regularly to prevent over saturation and leakage.

**Person(s) under the influence** of intoxicants will not be allowed into the facility. Consumption of alcohol and/or drugs on the premises is not permitted.

# Program Registration

If you have never registered for a City of Temiskaming Shores program or rented one of our facilities please follow the instructions below.

Visit the City's website at [www.temiskamingshores.ca](http://www.temiskamingshores.ca), and on the main page you will select Program/Facility Portal. A new screen will open with the Program Catalog. If you are looking to purchase a membership, choose Memberships, Programs for our aquatics programs or Facilities to book a facility.

For parents enrolling children into programs please be sure to create a family account with yourself as the billing client and your children as family members.

To create an individual account, complete the Billing Contact Form by providing all required information and then click the Next button. Note: You can still add family members to your account later by logging on to your account and clicking on the Family Members Tab.

To create a family member account, complete the Billing Contact form by providing all required information. Click the Next button to continue to the Add Family Member screen. Complete all the required fields for the family member and then click the Save & Add Another button to save the family member and proceed to enter another family member to your account. Click the Finish button once you have added all of your family members to your account. Note: You can add additional family members to your account later by logging onto your account and clicking the Family Members tab.

Once you have completed the above steps, you will be sent an Account Activation Email. To activate your account, click on the link provided in the email.

## FOR EXISTING CUSTOMERS

If you have registered for a program or rented one of our facilities in the past but do not have an online account, please do NOT create a new account. Please contact us at 705-647-5709 or email [alexandra.levaille@temiskamingshores.ca](mailto:alexandra.levaille@temiskamingshores.ca) to activate your existing account. Once we enable your online access, you will receive an Account Activation Email. Follow the instructions to access your online information.

**CALL 705-647-5709**

**EMAIL [alexandra.levaille@temiskamingshores.ca](mailto:alexandra.levaille@temiskamingshores.ca)**

## HOW DO I WITHDRAW FROM A PROGRAM?

To withdraw from a program, please contact us for assistance. Refer to our Refund Policy for additional information on our website.

[www.temiskamingshores.ca](http://www.temiskamingshores.ca)



**SPLASH  
INTO FUN**  
BY REGISTERING YOUR  
FAMILY ONLINE TODAY!

# The Waterfront Pool and Fitness Centre

## Aquatic Lessons, Programs and Courses

You can spot Water Smart® kids right away. They're the ones who know how to swim and behave safely around water. The Lifesaving Society's Swim for Life® program makes sure your kids are Water Smart® before they get in too deep. You're never too young to start, and never too old to learn. Swim for Life® offers different strokes for different folks – of all ages and abilities.



### Age 3 months - 3 years

#### PARENT AND TOT

Parent and Tot Levels ages 3 months (able to hold head up) to 3 years old with a parent or caregiver. A rewarding experience for adults with infants or toddlers. These levels introduce the joys of water activity while stressing parental responsibility in, on and around the water. Class length – 30 minutes.

*Prerequisite - ages 3 months (able to hold head up) to 3 years old with a parent or caregiver*

### Age 3 - 5 years

#### PRESCHOOL

**Preschool A** – Prerequisites: For kids 3-5 years old just starting out on their own, with little or no experience but comfortable in a class without mom or dad.

**Preschool B** –Participants can comfortably move and float with assistance and put their faces in the water with eyes open and exhale in a relaxed manner.

**Preschool C** - Participants can float on front and back in PFD without assistance; swim 3 m on front and back any way with an aid; and exhale under water 5 times without pause.

**Preschool D** - Participants can float and move in deep water with assistance; breathe rhythmically 10 times; flutter kick while gliding on front and back 10 m, recover objects from the bottom.

*Prerequisites: For kids 3-5 years old*



**Age 5 - 12 years**

## **SWIMMER PROGRAM**

The Lifesaving Society's 6-level Swimmer program makes sure your children learn how to swim before they get in too deep. Swimmer progressions accommodate children 5 years and older including absolute beginners as well as swimmers who want to build on the basics. We stress lots of in-water practice to develop solid swimming strokes and skills. We incorporate Lifesaving Society Water Smart® education in all Swimmer levels.

### **SWIMMER 1**

These beginners will become comfortable jumping into water with and without a Personal Flotation Device. They'll learn to open their eyes, exhale and hold their breath underwater. They'll work on floats, glides and kicking through the water on their front and back.

### **SWIMMER 2**

These advanced beginners will jump into deeper water, and learn to be comfortable falling sideways into the water wearing a Personal Flotation Device. They'll be able to support themselves at the surface without an aid, learn whip kick, swim 10–15 m on their front and back, and be introduced to flutter kick interval training (4 x 9–12m).

### **SWIMMER 3**

These junior swimmers will dive and do in-water front somersaults. Their new bag of tricks includes handstands and completion of the Canadian Swim to Survive® Standard. They'll work on 10–15m of front crawl, back crawl and whip kick. Flutter kick interval training increases to 4 x 25 m.

### **SWIMMER 4**

These intermediate swimmers will swim 5 m underwater and lengths of front, back crawl, whip kick, and breaststroke arms with breathing. They'll cap it all off with front crawl sprints over 25 m and 4 x 25 m front or back crawl interval training.

### **SWIMMER 5**

These swimmers will master shallow dives, cannonball entries, eggbeater kicks, and in-water backward somersaults. Surface dives will take them down to underwater swims. They'll refine their front and back crawl over 50 m swims of each, and breaststroke over 15–25 m. Then they'll pick up the pace in 25 m sprints and two interval training bouts: 4 x 50 m front or back crawl; and 4 x 10–15 m breaststroke.

### **SWIMMER 6**

These advanced swimmers will rise to the challenge of sophisticated aquatic skills including stride entries, compact jumps and lifesaving kicks like eggbeater and scissor kick. They'll develop strength and power in head-up breaststroke sprints over 25 m. They'll easily swim lengths of front crawl, back crawl and breaststroke, and they'll complain about the 300 m workout.



# DID YOU KNOW?

WE OFFER

# EQUIPMENT RENTALS

Snowshoes and trekking poles are available for rental at the Waterfront Pool and Fitness Centre and Temiskaming Shores Library. Also, during the summer months ask us about signing out our Horseshoes or Pickleball equipment.

Waterfront Pool and Fitness Centre

CALL **705-647-5709**

Temiskaming Shores Library

CALL **705-647-4215**



## THE LIFESAVING SOCIETY'S 3-LEVEL CANADIAN SWIM PATROL PROGRAM

The Lifesaving Society's 3-level Canadian Swim Patrol program provides enriched training for those who want to develop swim strokes and skills while having fun in the challenging world of lifesaving. Swim Patrol develops swimming strength and efficiency with emphasis on Water Smart® behaviour. Skill drills enhance capability in the water, good physical conditioning and lifesaving judgment.

### ROOKIE PATROL

Swimmers continue stroke development with 50 m swims of front crawl, back crawl and breaststroke. Lifesaving sport skills include a 25 m obstacle swim and 15 m object carry. First aid focuses on assessment of conscious victims, contacting EMS, and treatment for bleeding. Fitness improves in 350 m workouts and 100 m timed swims.

### RANGER PATROL

Swimmers develop better strokes over 75 m swims of each stroke. They tackle lifesaving sport skills in a lifesaving medley, timed object support and rescue with a buoyant aid. First aid focuses on assessment of unconscious victims, treatment of victims in shock and obstructed airway procedures. Skill drills develop a strong lifesaving foundation.

### STAR PATROL

Swimmers are challenged with 600 m workouts, 300 m timed swims and a 25 m object carry. Strokes are refined over 100 m swims. First aid focuses on treatment of bone or joint injuries and respiratory emergencies including asthma and allergic reactions. Lifesaving skills include defence methods, victim removals and rolling over and supporting a victim face up in shallow water.

## CITY OF TEMISKAMING SHORES WATERFRONT POOL & FITNESS CENTRE AQUATIC LEADERSHIP COURSES

### WHY A JOB IN AQUATICS?

Make a difference and potentially save a life by teaching swimming.

The best people skills are acquired when you interact daily with adults, children, seniors and special populations.

Keep your cool in any emergency because you will receive the best training and will practice with your co-workers to ensure you are ready for anything.

This job will prepare you for many careers: nursing, paramedic, doctor, teacher, recreation leadership, youth worker, etc.

A good reference can help you get to where you want to go and good job performance here is always something we like to brag about.

### WHAT TO BRING TO A COURSE?

You will need to bring the original certification of the prerequisites required for each course. Be sure to consult individual course descriptions for prerequisites required.

Course materials and schedules are outlined in the course descriptions.

Course required manuals may be purchased at the front desk.

Bathing suit(s) and towel(s) will be needed for the water portions of courses.

Other items you may be required to bring include: comfortable clothing, a whistle, notebook/paper, pens, lunch/dinner, snacks and money.

## HOW TO BECOME A LIFEGUARD AND SWIM INSTRUCTOR

1

### BRONZE MEDALLION WITH EMERGENCY FIRST AID & CPR-B:

Bronze Medallion teaches an understanding of the lifesaving principles embodied in the four components of water-rescue education, judgement, knowledge, skill and fitness. Rescuers learn tows and carries, defence methods and releases in preparation for challenging rescues of increased risk involving conscious and unconscious victims of various types. Lifesavers develop stroke efficiency and endurance in a 500 m timed swim. Bronze Medallion is recognized as the waterfront supervisory certification for Ontario's Recreational Camp Regulation 568.

*Prerequisite: Minimum 13 years of age*

2

### BRONZE CROSS WITH STANDARD FIRST AID, CPR-C & AED

Bronze Cross is designed for lifesavers who want the challenge of more advanced training including an introduction to safe supervision in aquatic facilities. Bronze Cross is a prerequisite for all advanced training programs including National Lifeguard and Instructor certification. Includes a timed 600 m swim. Bronze Cross is recognized as an assistant lifeguard certificate in Ontario Regulation 565 governing public swimming pools.

*Prerequisite: Bronze Medallion and Emergency First Aid certifications (need not be current)*

Only recognized certifying agencies accepted by the Lifesaving society are: Lifesaving Society, Canadian Red Cross, St. John Ambulance or Canadian Ski Patrol

*(as outlined in the Ontario Public Pool Regulation 565/90)*

3

### NATIONAL LIFEGUARD CERTIFICATION



National Lifeguard certification is the industry standard for professional lifeguards in Canada. National Lifeguards are water rescue professionals trained in emergency care. They prevent accidents. They are trained to spot potential trouble and intervene before it becomes life-threatening. They identify hazards and determine safe practices. They educate the public about the hazards and risks associated with aquatic activities and how to be Water Smart®. **Lifeguarding** is an exciting and rewarding job that carries great responsibility. Guards take courses and train hard for events they hope will never happen and which they work hard to prevent. National Lifeguards guards are always in training to keep their skills, knowledge and fitness sharp. They are required to keep other important certifications such as CPR and first aid up-to-date. National Lifeguard is Canada's only nationally recognized lifeguard certification program. National Lifeguard is a legal certificate for lifeguarding throughout the country. It is the only lifeguard certificate recognized by the province of Ontario for lifeguarding public swimming pools.

*Prerequisites: Minimum 15 years of age, Bronze Cross, and Lifesaving Society Standard First Aid (need not be current) or Standard First Aid from one of the approved agencies.*

**100% attendance is required**

**ALL REGISTRATION IS ON THE CITY OF TEMISKAMING SHORES WEBSITE.**  
[www.temiskamingshores.ca](http://www.temiskamingshores.ca)

## AGE REQUIREMENTS

**Candidates must turn the identified age prior to the last scheduled day of the course.**



## SWIM INSTRUCTOR COURSE

The Lifesaving Society Swim Instructor course prepares the instructor to teach and evaluate basic swim strokes and related skills. Candidates acquire proven teaching methods, a variety of stroke development drills and correction techniques. Current Swim Instructors teach and certify candidates in all levels of the Swim for Life program.

*Prerequisites: 15 years of age by the end of the course; Bronze Cross certification (need not be current).*

### 100% attendance is required

Manuals Required: Swim Instructor Pack (includes Instructor Manual, Swim for Life Award Guide, Teaching Swim for Life and Leadership Binder). The required manuals may be purchased at the Pool & Fitness Centre front desk.

[www.temiskamingshores.ca](http://www.temiskamingshores.ca)

## LIFESAVING INSTRUCTOR COURSE

The Lifesaving Society Instructor course prepares instructors to teach the Lifesaving Society's:

- Canadian Swim Patrol Program
- Bronze Star, Bronze Medallion, Bronze Cross
- Lifesaving Fitness, Distinction
- Basic and Emergency First Aid, and CPR-A,
- CPR-B and CPR-C

*Prerequisites: 15 years of age by the end of the course; Bronze Cross certification (need not be current).*

### 100% attendance is required

Manuals Required: Lifesaving Instructor Pack (includes Instructor Manual, Swim Patrol Award Guide, Bronze Medals Award Guide, First Aid Award Guide, Leadership Binder). The required manuals may be purchased at the Pool & Fitness Centre front desk.

[www.temiskamingshores.ca](http://www.temiskamingshores.ca)



## COURSE ATTENDANCE

Please note that 100% attendance is required to complete any aquatic leadership course (late-ness is equivalent to absence).

## CHECKING YOUR QUALIFICATIONS

Don't get turned away at the first class. Make sure you have the proper course prerequisites.

[www.lifesavingsociety.com](http://www.lifesavingsociety.com)

- Click on Find a Member (right hand side of homepage)
- Enter in your Lifesaving Society membership number located on the bottom of any of your certification cards from the Lifesaving Society.



DID YOU  
KNOW?

WE HAVE

# COMMUNITY GARDENS

The Waterfront Pool & Fitness Centre provides 10 community garden boxes that are available free of charge for use by citizens of Temiskaming Shores. Thank you to the businesses in the area for their generous sponsorship of the Community Gardens.

If you are interested in reserving a garden box for the summer please contact the Pool & Fitness Centre reception.

CALL **705-647-5709**





## Haileybury & New Liskeard Marina

### HAILEYBURY MARINA

The Haileybury Marina is a full-service marina on the west side of Lake Temiskaming on the Haileybury waterfront. This Marina has 66 slips in total with 38 slips with water and hydro hook-ups. There is also a free boat launch. To reserve slips contact (705) 672-3363.

**HARBOUR MASTER (CHANNEL 68 & 16) 705-672-5889**

### NEW LISKEARD MARINA

The New Liskeard Waterfront Marina is located on Lake Temiskaming near the mouth of the Wabi River next to downtown New Liskeard. The marina has 82 slips with water and electricity hookups. There is also a free boat launch.

**TO RESERVE SLIPS CONTACT 705-672-3363**  
**HARBOUR MASTER (CHANNEL 16) 705-672-5889**

The Marina is open from Victoria Day to Thanksgiving.

### HOURS OF OPERATION MAY TO AUGUST

Monday	11 am - 6:30 pm
Tuesday	11 am - 6:30 pm
Wednesday	11 am - 6:30 pm
Thursday	11 am - 6:30 pm
Friday	11 am - 6:30 pm
Saturday	11 am - 6:30 pm
Sunday	11 am - 6:30 pm

### HOURS OF OPERATION SEPTEMBER TO OCTOBER

Weekends and on call available.

**CALL 705-672-5889**

# Community Parks and Trails

The City of Temiskaming Shores has a wide variety of parks of all shapes, sizes and locations.

Most residents within the urban cores live within a ten-minute walk from a park with amenities. Larger play structures and amenities are located on the New Liskeard and Haileybury waterfronts where great views of Lake Temiskaming combine amazing recreation amenities for all ages. Many of our playgrounds have been recently updated with CSA approved equipment and soft rubber surfacing. Get out today and see just what Temiskaming Shores has to offer!



## TEMISKAMING SHORES ROTARY SPLASH PAD

The Temiskaming Shores and Area Rotary Club partnered with the City of Temiskaming Shores in 2017 to develop a splash pad within the community. A site on the New Liskeard Waterfront next to the Spurline Building was selected as the preferred location for the project. This area is already a popular summer recreation spot and will only serve to supplement the amenities already available. After four years of fundraising, the splash pad is scheduled to open summer 2023.

Thanks to our many funders who have helped to make this project a reality.

Over \$100,000 from the Temiskaming Shores & Area Rotary Club, the City of Temiskaming Shores and the Ontario Trillium and over \$50,000 from from the Frog's Breath Fondation and One Foot Forward.

Stay tuned to our social media channels for more exciting information as construction begins.



## MURRAY DANIELS DOG PARK

Welcome to Murray Daniels Dog Park! A 50,000 sq/ft fenced canine oasis!

### Park rules;

- Dog owners and park users assume ALL risk related to park use.
- Open from sunrise to sunset every day.
- Dog owners must always be present and within view of their dogs.
- Dogs must be under voice control while off-leash.
- Aggressive dogs are not allowed in the park.
- Dog owners must always have a leash in hand.
- Female dogs in heat and puppies under 6 months of age are not permitted in the park.
- Any holes dug must be filled in by the dog owner.
- All feces must be picked up by the dog owner and removed or disposed in waste receptables.
- No glass or ceramic allowed within the park.
- All dogs must be licensed with their local municipality.

*Located on Lake View Avenue, North Cobalt*



## BUCKE PARK

Bucke Park is a short and long-term campground located at the southern boundary of the City of Temiskaming Shores – only a ten-minute drive from Haileybury! It offers forty-six sites that service seasonal and transient campers, both RVs and tents. A northern gem with these great services:

- Potable Water
- 30 Amp Electrical Service,
- Washrooms
- FREE Hot Showers
- Sand Beach
- Kids Playground
- Great Shore Fishing
- Boat Launch and Docking Slips
- Winter RV Storage
- Entry to the Devil's Rock Trail System

The campground is open from the long weekend in May to October Thanksgiving Weekend.





**PETE'S DAM**

## **PETE'S DAM**

In the spring of 1906, Kalil (Big Pete) Farah embarked upon a project to build a steam powered plant that would supply the Town of New Liskeard. Big Pete bought the power site at Chester Falls from Tom Chester and a dam was built above these falls on the south branch of the Wabi River. In 1910, Farah sold Pete's Dam and its assets to the Northern Ontario Light and Power Company. New Liskeard then received its power from the line that linked them to Cobalt, its neighbour to the south. The power plant went out of service in the 1920's and was sold to the Hydro Electric Power Commission of Ontario. In 1981, Dymond Township bought the property and it is now known as Pete's Dam Park. The little electric plant no longer exists but the beauty of the waterfall and rapids draws many locals and visitors for picnicking and hiking. The park boasts an easy 2.4 km hike along the river with many amazing views. A picnic shelter and parking lot are available at the trailhead off Pete's Dam Road. Pete's Dam Park is located within the City of Temiskaming Shores approximately an 8 minute drive from downtown New Liskeard.



**STATO TRAIL**

## SOUTH TEMISKAMING ACTIVE TRAVEL ORGANIZATION (STATO TRAIL)

In 2004, The South Temiskaming Active Travel Organization (STATO) was formed as a result of community members' interest in promotion and development of an active transportation route through the City of Temiskaming Shores, highlighting the waterfront.



In 2008, they began the construction of 20 kilometers of paved bike path, complete with bollards, rumble strips, lines and stamping. They continue to work towards the vision of linking the trail to schools, fitness facilities, and different parts of town to make it more accessible.

To date, almost 21.4 km has been completed and the surfaced trail is accessible to all residents and visitors, is wheelchair accessible and provides recreational opportunities to people of all walks of life. Residents

of and visitors to Temiskaming Shores can enjoy the benefits of walking, strolling, cycling, jogging, roller blading and other non-motorized activities throughout the City on a safe route.

Through the Bicycle Friendly Committee, STATO continues to increase awareness and promote physical activity for a healthy community, as well as economic growth and recreation development.

 BikeTemiskamingShores

## ROCK WALK PARK

Rockwalk Park INC members would like the community to know that their "Geological Museum", located on the grounds of Northern College, Haileybury Campus, is open to all as a free recreational and educational site for the local public and tourists as well. Initiated as a Millennium project, the Museum now hosts almost 200 massive geological displays. (There are additional displays within the Foyer of the Northern College building itself.)

In 2022, the geological education experience was enhanced with new signage that includes QR Coding. With QR apps available on most smart phones, the visitor can now have a French/English "personal guide" on their tour. Seek Rockwalk Park on Facebook for additional videos and educational features.

The wide interlocking brick pathway allows for wheelchair access past every exhibit. Also included is an Arboretum with signage that identifies the trees that are typical of our region. The full circuit is just under 1 km in length through the 2 ha. outdoor facility. Internet connection at <http://www.rockwalkpark.ca>

As a charitable organization, Rockwalk Park INC is now in the development stage of the Temiskaming Rift Valley Aspiring Geopark (TRVAG).

For more information view our initial website at Temiskaming Rift Valley Aspiring Geopark – Celebrating Our Geological Heritage – Enriching Our Communities and make contact with us there. TRVAG is actively seeking your support!

*Rock Walk Park*  
640 Latchford Street, Haileybury, ON



ROCK WALK PARK




NASTAWGAN TRAILS

## NASTAWGAN TRAILS

A non-profit organization that promotes hiking and hiking trails in the Temiskaming region. They provide information on area trails through their social media and website. You and the family can find detailed maps linked on their website!

**EMAIL** [hikers@nastawgantrails.org](mailto:hikers@nastawgantrails.org)

**WEB** [http:// www.nastawgantrails.org/](http://www.nastawgantrails.org/)

 Nastawgan Trails Inc.

## DEVIL'S ROCK (MANI-DOO AJA-BIKONG) TRAIL

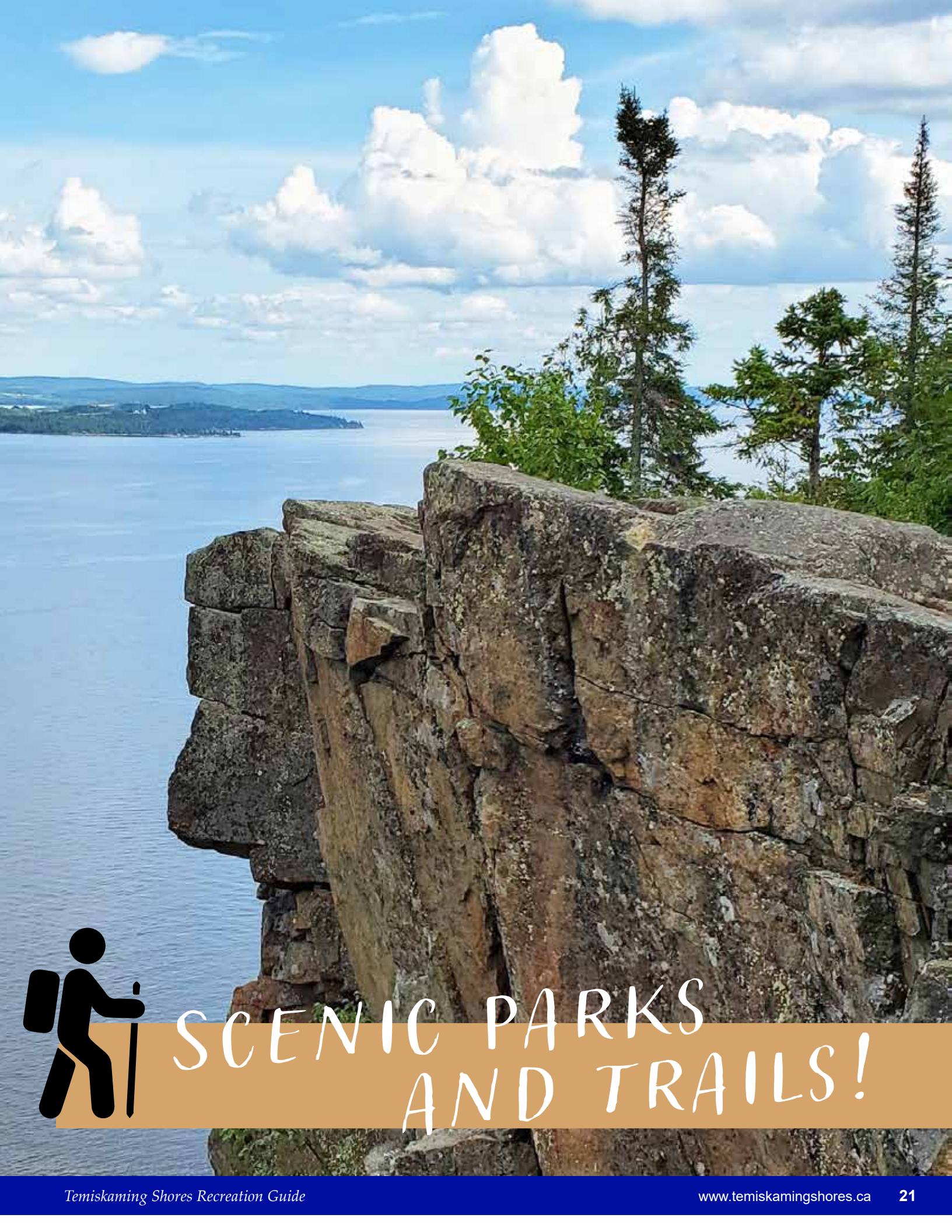
The Devil's Rock Trail system is an easy 2 km hike from Highway 567 or a very scenic 3 km climb from Bucke Park. Trails lead to the breathtaking view of Lake Temiskaming!

After hiking the safe and scenic route, enjoy the 180-degree vista of Lake Temiskaming from atop the towering cliff. Devil's Rock is a fault cliff dated to 2.2 billion years. It has a face of 600 feet rising 300 feet above the water level. Interesting features are the scars of mining tunnels chiseled during the silver rush era. Please use caution while on the trail and at the vista. Devil's Rock Trail is an 11 minute drive from downtown Haileybury.



DEVIL'S ROCK





# SCENIC PARKS AND TRAILS!



# TEMISKAMING SHORES

# Sport Fields and Facilities

## DYMOND BALL FIELDS

Dymond Sports Park on Laurette Street, is located in the Dymond Subdivision. The two fields at the Dymond Ball Park are home to the Temiskaming Shores Minor Ball program which has teams from t-ball to 17 years. A concession stand and washrooms are open seasonally.

## NEW LISKEARD BALL FIELDS

Algonquin Regiment Memorial Beach Park is located at 490 White Drive in New Liskeard. These ball fields are available for youth, men, women and mixed leagues. Two fields are equipped with lighting to allow for night-time games and there are washroom facilities available seasonally.

## HAILEYBURY BALL FIELDS

Rotary Farr Park is located at 430 Morissette Drive in Haileybury. Rotary Farr Park is home to two fields that host adult and youth ball. These fields are both equipped with lighting for evening games and washroom facilities are available seasonally.

## LEAGUE CONTACT INFO

### TEMISKAMING SHORES MIXED SLOW PITCH

Theo Cull

**CALL** 705-622-2578

**EMAIL** [theocull@gmail.com](mailto:theocull@gmail.com)

### MEN'S SLOW PITCH

Abe Doupe

**CALL** 705-676-5300

**EMAIL** [abedoupe@hotmail.com](mailto:abedoupe@hotmail.com)

### LADIES' SLOW PITCH

Melissa Lacarte

**CALL** 705-648-5182

### RURAL YOUTH MIXED LEAGUE

Alex Regele

**CALL** 705-648-5132

**EMAIL** [alexregele@hotmail.com](mailto:alexregele@hotmail.com)

## NEW LISKEARD BALL FIELDS



# DID YOU KNOW?

## THE CITY MAINTAINS 7 BALL DIAMONDS

The City of Temiskaming Shores maintains seven ball diamonds of various sizes including five lit diamonds. Ball diamonds are used by men's, women's, mixed, and youth leagues from May to September. Rentals can be completed by contacting the City of Temiskaming Shores.

**CALL** 705-672-3363

**EMAIL** [info@temiskamingshores.ca](mailto:info@temiskamingshores.ca)



## BASKETBALL COURTS

There are four basketball courts within the City of Temiskaming Shores. They are located in Dymond, New Liskeard and Haileybury.

- Dymond - 3 on 3 court within Dymond Firefighters Park on Laurette Street
- New Liskeard
  - Full court at the Pool and Fitness Centre on 77 Wellington Street
  - Full court at the Lions Court
- Haileybury - 3 on 3 court in Rotary Farr Park on 430 Morissette Drive



NEW LISKEARD BASKETBALL COURT

## VOLLEYBALL COURTS

Three beach volleyball courts are maintained within Algonquin Regiment Memorial Beach Park in New Liskeard. Nets are placed to allow for free use throughout the summer months.



## BEACHES

The City of Temiskaming Shores has two municipal beaches on beautiful Lake Temiskaming. The Haileybury Beach located in downtown Haileybury is a completely enclosed, sand beach, with treated water, large waterslide, changerooms and is staffed by lifeguards throughout the season. The beach is typically open from mid-June to the end of August and this one-of-a-kind place is a great spot to cool off during the hot summer months.

Located in New Liskeard is a 0.5 km stretch of sandy beach along Lake Temiskaming's north-west shore. This unsupervised beach is perfect to stop by for a quick dip before enjoying the many amenities located nearby.

## RIDING RING

The City of Temiskaming boasts a 225' x 115' sand riding ring right next to downtown New Liskeard. Home of the New Liskeard Fall Fair, this facility is available to the public for use throughout the summer months. A no-cost permit from the City of Temiskaming Shores is required to use the riding ring. Ring usage must be booked through the City.

Ring users must provide the City of Temiskaming Shores with a copy of their current year's liability insurance. A signed waiver of liability is also required and can be obtained by contacting the email below. Waivers are also available at [www.newliskeardfallfair.ca](http://www.newliskeardfallfair.ca)

**CALL** 705-672-3363

**EMAIL** [info@temiskamingshores.ca](mailto:info@temiskamingshores.ca)

## TENNIS AND PICKLEBALL COURTS

There are two tennis centers located within the City of Temiskaming Shores. Each tennis center has nets for regular tennis play as well as pickleball. Lights are available at the New Liskeard Tennis Courts until 10pm each evening on demand.

### NEW LISKEARD LION'S COURTS

Two tennis courts and four pickleball courts are available for use throughout the summer months.

*Located at 78 Wellington St South, across from the Pool and Fitness Centre.*

### HAILEYBURY TENNIS COURTS

Two tennis courts available for use throughout the summer months.

*Located at 430 Morissette Dr, Haileybury within Rotary Farr Park.*



NEW LISKEARD BEACH



HAILEYBURY BEACH



RIDING RING



NEW LISKEARD LION'S COURTS

## SOCCER FIELDS

There are six soccer fields maintained by the City of Temiskaming Shores. Fields are available for rental by contacting the City.

**CALL** 705-672-3363

**EMAIL** [info@temiskamingshores.ca](mailto:info@temiskamingshores.ca)

### NEW LISKEARD SOCCER FIELDS

There are two soccer fields available for youth and adult soccer; one large and one mini field.

*Algonquin Regiment Memorial Beach Park*

### HAILEYBURY SOCCER FIELDS

There are four mini soccer fields at Rotary Farr Park in Haileybury that are suitable for youth soccer. These fields are home to the Tri Town Soccer Club and host various Summer Soccer Camps.

*Rotary Farr Park, 430 Morissette Drive, Haileybury*

## CARTER ANTILA MEMORIAL SKATEPARK

In July of 2011, a young man by the name of Carter Antila lost his life in a tragic accident. He had an infectious smile (with a glint of mischief for good measure) and cultivated good friends wherever he went. From a young age Carter had been an avid skater. He was a true ambassador of the sport - demonstrating that skateboarding is as much about creative athleticism and fun as it is about individuality, confidence and respect. At the age of twelve he made a presentation to the New Liskeard Recreation Committee requesting that the municipality consider building a permanent park. Unfortunately, at that time, his request could not be fulfilled. He did not let this deter him from pursuing the sports and lifestyle he loved - enjoying his time to the fullest, working hard at what he loved, and never taking life too seriously. Following his accident, Carter's family created a Memorial Fund in his honor



with the express purpose of building a permanent Skate/BMX Park in the City of Temiskaming Shores. The City, along with the Antila family and a group of independent volunteers, worked with a wide network of community members to fundraise for the park and guide the construction to completion. This state-of-the-art park located at the New Liskeard Algonquin Regiment Beach Park officially opened June 21, 2014.

*New Liskeard Algonquin Regiment Beach Park*





## NEW LISKEARD GOLF CLUB

Established in 1967, the New Liskeard Golf Club is one of the premier public golf courses in Northern Ontario. Located in the heart of the Claybelt in beautiful Temiskaming Shores, it is the only 18-hole golf facility for a span of 370 kilometers (between North Bay and Timmins). With its challenging golf, breathtaking views and affordable rates, New Liskeard Golf Club is a must for all visitors and non-visitors to the area.

The par 72 layout guarantees for an enjoyable round regardless of your caliber. The multiple tee options allow you to play the course shorter or longer to minimize or maximize the challenge according to your preference. With some of the largest greens that you will ever see, it offers an unforgettable uniqueness. It is equipped with a licenced clubhouse, a viewing deck, a well-stocked Pro Shop and a practice facility second to none. The entire staff is dedicated to exceeding your expectations. They have earned a reputation of being an all-around, first class golf club. If you are looking for club-fitting, custom assembly, and/or a wide variety of golf equipment, visit the golf club manager and staff in the Pro Shop and they will be more than willing to assist you.

Call 705-647-6651 to book a tee time today.

*804027 Golf Course Road, New Liskeard*

**CALL PROSHOP** 705-647-6651  
**EMAIL CLUB MANAGER** [nlgc.pro@gmail.com](mailto:nlgc.pro@gmail.com)  
**EMAIL FOR INFORMATION** [nlgc.info@gmail.com](mailto:nlgc.info@gmail.com)  
**EMAIL GIFT CERTIFICATES** [nlgc.gift@gmail.com](mailto:nlgc.gift@gmail.com)  
**WEB** [nlgc.ca](http://nlgc.ca)

 New Liskeard Golf Club



## HAILEYBURY GOLF CLUB

Haileybury Golf Club is perhaps the most scenic of any golf course in Northern Ontario. Overlooking the beautiful Lake Temiskaming in the town of Haileybury, many who come to play this short but challenging golf track walk away in awe of the vistas available on every hole.

The golf season arrives in mid-May and lasts through mid-October. A junior program introduces children as young as 6 to the game with weekly clinics in July and August.

Weekly competitions include Tuesday Ladies' Night and Thursday Men's Night, both with shotgun starts. The summer calendar contains a number of golf events beginning in early June and lasting through the end of September.

The course has four different tee decks on each hole to accommodate every kind of golfer. Fairways are closely cropped, the rough forgiving, and the greens are amongst the smallest and toughest you will find. Accuracy, course management and concentration in your game will certainly find success.




Annual memberships are available, as well as discounted 5 round playing passes.

If you are looking for a small intimate venue for a gathering of up to 125, our fully licensed clubhouse and caterer can provide the perfect experience for your group.

Licensed under the AGCO

*800 Latchford Street, Haileybury*

**CALL** 705-672-3455  
**WEB** [www.haileyburygolfclub.com](http://www.haileyburygolfclub.com)

 HaileyburyGolfClub  
 HaileyburyGolfClub  
 HaileyburyGC





## DON SHEPHERDSON MEMORIAL ARENA

The arena is open August to April and offers figure skating and skating lessons, adult and youth hockey, pickup hockey and hockey clinics. Temiskaming Shores Minor Hockey Association and the New Liskeard Figure Skating Club both have offices within the facility. Also within the building is a full-service concession and pro shop.

*75 Wellington St. South, New Liskeard*

**CALL 705-647-5728**



## SHELLEY HERBERT-SHEA MEMORIAL ARENA

The arena is open September to April and offers figure skating and skating lessons, adult and youth hockey, pickup hockey and hockey clinics. The Haileybury Figure Skating Club office is located within the facility.

*400 Ferguson Ave, Haileybury*

**CALL 705-672-5615**







# HOME GAMES



**EVERY FRIDAY NIGHT**  
8:00 pm  
*Don Shepherdson Memorial Arena*



**EVERY SATURDAY NIGHT**  
6:30 pm  
*Don Shepherdson Memorial Arena*

## OUTDOOR RINKS

The City of Temiskaming Shores maintains two outdoor rinks within the City. Dymond Outdoor Rink is located at the end of Laurette Street in the Dymond subdivision. Shaver Park Outdoor Rink is located on Queen Street in the North Cobalt subdivision. Once ice is installed, lights are on nightly until 10 pm for free community use.



# DID YOU KNOW?

## THE ARENAS OFFER ICE RENTAL

CALL 705-672-3363

WEB [www.temiskamingshores.ca](http://www.temiskamingshores.ca)

**BIRTHDAY PARTY RENTALS** are available at the Haileybury Arena. This includes 1 hour of ice time and 3 hours of hall time for \$247.81.

All prices are for 1 hour, include HST and may vary year to year.

\*Non Prime Ice is available from September 1st to April 30th, Monday to Friday from 6:00 am to 4:00 pm excluding holidays and school breaks

Non-Profit Youth	Prime Time Ice	Non Prime Ice*	New Liskeard Cubs	Schools
\$102.00	\$142.82	\$83.64	\$114.24	\$71.40

## ARENA GROUP CONTACTS

### NEW LISKEARD CUBS

Claude Denomme

EMAIL [ckdenomme500@gmail.com](mailto:ckdenomme500@gmail.com)

### NEW LISKEARD LIONS U18

Al Roy

EMAIL [lionsU18nl@gmail.com](mailto:lionsU18nl@gmail.com)

### TEMISKAMING SHORES MINOR HOCKEY

EMAIL [tsmha@outlook.com](mailto:tsmha@outlook.com)

### TEMISKAMING SHORES SKATING CLUB

EMAIL [tsskatingclub@gmail.com](mailto:tsskatingclub@gmail.com)

### GRANT PROPANE OLDTIMERS

Mike Stinkowji

EMAIL [mike.stinkowji@cibc.ca](mailto:mike.stinkowji@cibc.ca)

### ARMSTRONG MOTORS OLDTIMERS

Mike Kidd

EMAIL [kiddcrestfarms@gmail.com](mailto:kiddcrestfarms@gmail.com)

### MEN'S HOCKEY LEAGUE

Pat Elliott

EMAIL [spectra\\_elliott@hotmail.com](mailto:spectra_elliott@hotmail.com)

### MEN'S HOCKEY

Chuck Needham

EMAIL [jonahhex@fibreop.ca](mailto:jonahhex@fibreop.ca)

### WOMEN'S HOCKEY LEAGUE

Amy Portelance

EMAIL [iamportelance@gmail.com](mailto:iamportelance@gmail.com)

### OLDTIMERS

Ernie Harmon

EMAIL [leisure@leisureinn.net](mailto:leisure@leisureinn.net)

### NORTHERN ONTARIO HOCKEY ASSOCIATION

EMAIL [kmaitland@noha-hockey.ca](mailto:kmaitland@noha-hockey.ca)

WEB [www.noha-hockey.com](http://www.noha-hockey.com)



## HORNE GRANITE CURLING CLUB

The Horne Granite Centre is open for curling from mid-October to March 31st. It offers curling leagues for all ages, from youth all the way up to seniors! The leagues available are youth, afternoons, open, mixed, men's, ladies' nights and others as scheduled (doubles and socials). Curling instruction is also offered from time to time for whoever is interested. It is also available for curling rentals for community businesses, municipalities and organizations, families and schools.

In addition, throughout the year, the curling lounge (capacity 90) is available for rentals, and during the off-season, the arena surface (capacity 600) is available for rentals for weddings, trade shows, conventions, etc.

To join the Horne Granite Curling Club

**EMAIL** [membership@hornegrante.com](mailto:membership@hornegrante.com)

For ice, lounge and arena rentals


**EMAIL** [rentals@hornegrante.com](mailto:rentals@hornegrante.com)

## HAILEYBURY CURLING CLUB

The Haileybury Curling Club has provided curlers access to the rockin' game since 1909. HCC represented Northern Ontario at the first Brier in 1927 in Toronto, at Mixed Nationals in the '60s and '70s, and at the Brier and national Seniors in the 2000s. The Club offers a variety of programs from Little Rocks, to Afternoon Open Curling, with a weekly Men's and Mixed Draw. The annual Blarney Bonspiel in March is a can't miss opportunity to enjoy mixed curling and all things Irish.

The Club operates from late October through the end of March each season. The club also operates a large-scale rental facility in the off-season, with a licenced venue capacity of up 400.

**WEB** [www.haileyburycurlingclub.ca](http://www.haileyburycurlingclub.ca)

 HaileyburyCurlingClub



## TRI-TOWN SKI & SNOWBOARD VILLAGE

As a staple in the community for over 60 years, the Tri-Town Ski and Snowboard Village is a not-for-profit community run organization that offers fun outdoor winter activities for the whole family. There are two ski lifts (T-bar and handle tow) to help skiers and snowboarders of all abilities explore more than 15 runs on our 320' vertical hill. With three levels of trail difficulty, you don't need to be an expert to enjoy the outdoors!



They offer snow tubing and have a new magic carpet conveyor to bring tubers to the top of this newly expanded area. There is an extensive network of snowshoe trails to explore the beautiful winter scenery.

Rental equipment is available including skis, snowboards, helmets and snowshoes. Certified ski and snowboard instructors offer both group and private lessons. The brand-new chalet offers hot lunch and snacks at the canteen and a beautiful view of the slopes. A free bus heads to and from the hill every weekend with pickups in New Liskeard, Haileybury and Cobalt.

The Tri-Town Ski and Snowboard Village is open from 10-4 Saturdays and Sundays as well as PD Days, Family Day and March Break. They look forward to welcoming you and your family during the winter!

*974368 HWY 567 North Cobalt*

**CALL 705-672-3888** (weekends only during the winter)

**EMAIL [info@tritownskivillage.ca](mailto:info@tritownskivillage.ca)**

**WEB [www.tritownskivillage.ca](http://www.tritownskivillage.ca)**

 [tritownskivillage](https://www.facebook.com/tritownskivillage)



## TEMISKAMING NORDIC SKI CLUB

Temiskaming Nordic is the place to ski and has earned a reputation for delivering one of the finest cross-country skiing experiences within Ontario. There are many reasons to ski at Temiskaming



Nordic: awesome trails through beautiful forested landscape, early and late season skiing, great people, a welcoming chalet, youth programs, racing and social events. They offer 20 km of well-marked, groomed and track-set skate and classic ski trails, including some snowshoe trails. The three beautiful trails offer varying levels of difficulty and length, making them enjoyable for beginner, intermediate and advanced level skiers. The combination of rolling esker terrain, unique trail system design and first-rate grooming makes the Temiskaming Nordic skiing experience one to remember and one to be repeated!

Centrally located in Ontario and easily accessible in often less than a few hours of driving from major centers.

*526170 Forest Access Rd, Coleman Twp.*

**CALL 705-679-5106** Chalet

**EMAIL [temiskamingnordicskiclub@gmail.com](mailto:temiskamingnordicskiclub@gmail.com)**

**WEB [www.temiskamingnordic.ca](http://www.temiskamingnordic.ca)**

Visit their website [www.temiskamingnordic.ca](http://www.temiskamingnordic.ca) for trail conditions.



## TRI-TOWN SNO TRAVELLERS

The Tri-Town Sno Travellers snowmobile club based in Temiskaming Shores grooms and maintains a network of almost 600 km of trails that reach from the Temagami area to Elk Lake and Englehart. These trails connect to neighbouring clubs to create the Ontario Federation of Snowmobile Clubs province wide trail system. There is a little bit of everything on their trails from old growth White Pine forest, to mountain terrain, farm fields, forestry roads, lakes and rivers. The club does organized rides on Tuesdays throughout the winter season.



OFSC Trail Permits are required to ride the trails.

**EMAIL** [wramsay@ramsaylaw.ca](mailto:wramsay@ramsaylaw.ca)

**WEB** [ttst.ca](http://ttst.ca)



Tri-Town Sno Travellers and Club Echo






## Community Events



### NORTH ON TAP! CRAFT BEER FESTIVAL

Held on the 2nd weekend in July off the shores of Lake Temiskaming in Haileybury (Temiskaming Shores), the North on Tap Craft Beer Festival showcases craft breweries from across Ontario as well as food vendors, great live music and the 'Hop to It' 5km Beer/Root beer Run. Something for everyone! To date, \$146,500 has been donated to local not-for-profit organizations.

**WEB** [www.northontap.ca](http://www.northontap.ca)

   northontapbeer



### NEW LISKEARD FALL FAIR

The third weekend of September is something our community looks forward to all year long. Starting Thursday and ending Saturday there is a variety of events, agriculture and vendors to keep you and the whole family having fun.

**WEB** [www.newliskeardfallfair.ca](http://www.newliskeardfallfair.ca)

 NewLiskeardFallFairNLAS





# DID YOU KNOW?

THE CITY OFFERS **5**  
RENTAL SPACES

CALL **705-672-3363**  
WEB **[www.temiskamingshores.ca](http://www.temiskamingshores.ca)**

The City of Temiskaming Shores operates five event spaces of varying sizes around the city. Contact City Hall at 705-672-3363 today to discuss which venue is the best fit for your event.

- Dymond Community Hall
- New Liskeard Community Hall
- Riverside Place
- Haileybury Community Hall (Arena Hall)
- Harbourfront Pavilion



PUT ON A COSTUME AND  
HAVE SOME FUN AT THE

# HAUNTED HUSTLE

Save the date, start planning your costume, and come on out for some fun with friends, family and your community! Visit our website for all event information and to register.

WEB [www.hauntedhustle.org](http://www.hauntedhustle.org)

f STATOsHauntedHustle

## HOP TO IT 5K BEER RUN



The Haunted Hustle Committee has joined forces with the North On Tap Craft Beer Festival for another fun 5K walk or run! The Hop to It 5K Beer Run begins at the Haileybury Pavilion along beautiful Lake Temiskaming. Registration includes a Hop to It 5K Beer Run water bottle, admission into the Festival including a Beer Stein & 2 x 4oz beer samples. The 5K out and back course will begin and end outside of the Festival Gates. So, get a group of friends together to come out and support this great event on Lake Temiskaming. After your run or walk, there will be plenty of Ontario craft beers, delicious treats from food vendors, and live music to enjoy!!







## GET ACTIVE IN TEMISKAMING

A series of 5 run/walk events in the Temiskaming Area! Getting active while fundraising for local groups who also promote healthy active living.

Run or walk in a 1km/2km/5km/10km (all ages) 100m (under 5).

Participation medals to all 5km/10km participants who came out to at least 3 events. Age category and overall medals awarded to top 3 finishing times (averaged) in either the 5km or 10km. Completion certificates awarded to all participants in 1km, 2km, 5km, 10km and ribbons for the toddlers.

**EMAIL** [getactiveintemiskaming@gmail.com](mailto:getactiveintemiskaming@gmail.com)

**WEB** [www.getactivetemiskaming.ca](http://www.getactivetemiskaming.ca)

  Get Active in Temiskaming

### EVENT #1: (APRIL)

Chocolate themed: chocolate treats along the route and an Easter Egg hunt for kids at the finish line. Event location is the Haileybury waterfront.

### EVENT #2: (MAY)

Celebrating moms/pink themed: wear pink and all moms participating get a small gift. Event location is the Dymond Sports Park.

### EVENT #3: (JUNE)

Celebrating dads/BBQ: complimentary BBQ for all participants. Event location is the Pete's Dam Park.

### EVENT #4: (SEPTEMBER)

Colour run/walk: run or walk through stations of coloured powder throughout the route. Event held at the Temiskaming Nordic Ski Club.



### EVENT #5: (OCTOBER)

Hunt and harvest themed: dress in orange and camo. Event held at the New Liskeard Pool and Fitness Center.





VILLAGE NOEL

## VILLAGE NOEL

Village Noël is an exciting event in Temiskaming Shores the fourth weekend of November. Come celebrate the festive season with our downtown merchants in a Christmas Village setting with kiosks featuring artisans, craftspeople and food vendors from North-Eastern Ontario and North-Western Quebec. Celebrate an Old-Fashioned Christmas - New France style. In addition to great shopping, there will be street performers, musicians and fun for the whole family.

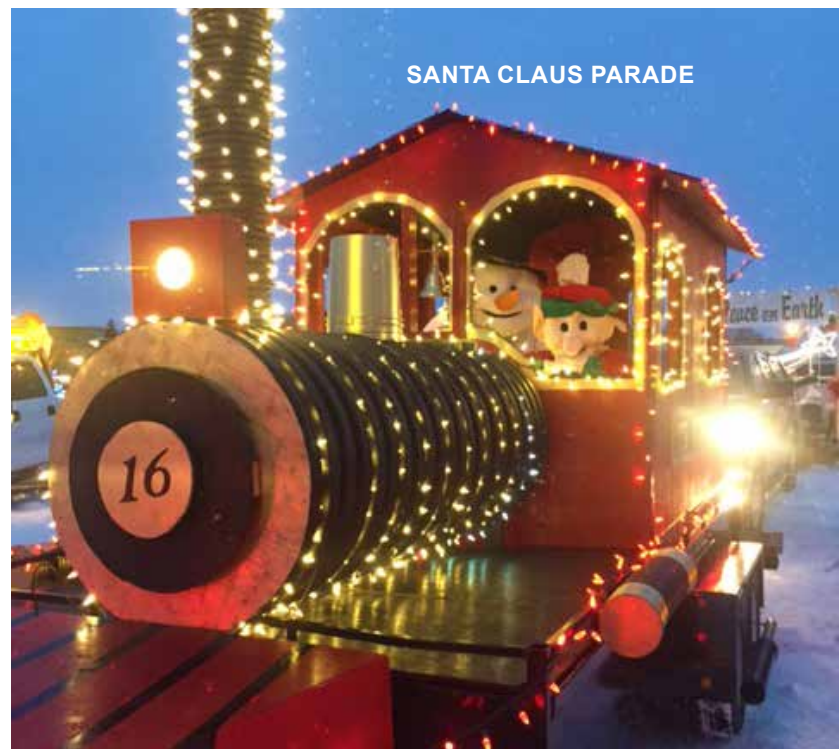


**WEB** <https://en.villagenoel.com/>

**f** villagenoeltemiskaming

## SANTA CLAUS PARADE

The Santa Claus parade kicks off the Christmas season the 4th week of November. The Parade brings people together, regardless of their background to celebrate hope, family and love. It is part of the fabric of our community. Every year it brings hundreds of people to the streets of Temiskaming Shores to celebrate this joyous season and to admire the talent of those who creatively submit their floats.



SANTA CLAUS PARADE

## HAILEYBURY NIGHT OF LIGHTS

Come to the Haileybury cenotaph the third week of November and join us at the annual night of lights. Free hot chocolate, choir, sleigh rides. Stores open late with many specials. A magical night spent with family and friends.

**f** Haileybury Night of Lights

# Eight to Eighty Community

The City of Temiskaming Shores strives to be an Eight to Eighty Community. By providing exemplary opportunities for people who are eight and eighty years old we can be an outstanding community for those of all ages.

## AGE FRIENDLY COMMUNITY

Thanks to generous funding through the Government of Ontario, the City of Temiskaming Shores created an Age Friendly Community Plan which was adopted by Mayor and Council in September of 2016.

The development of the plan included consultation with service providers of the older adult population and the general older adult population. Close to 2,000 individuals provided input into the plan. Short, medium, and long-term goals that represent communication and information, outdoor spaces and public buildings, housing, social participation, transportation, community support and health services, respect and social inclusion, volunteering, civic participation and employment were identified.

### VISION:

“To promote an inclusive, accessible, safe and respectful community; that enables independence, health and wellness and full participation at all stages of ageing while celebrating diversity”.

### PROGRAMS

Age Friendly Coffee Hour, Age Friendly Bowling, Age Friendly Line Dancing, Age Friendly Pickleball

### CONTACT:

If you would like more information or would like to discuss the movement to make Temiskaming Shores more age friendly please do not hesitate to contact Lynn Marcella, Age Friendly Coordinator, at any time.

**CALL 705-647-5709**

**EMAIL [ljulien@temiskamingshores.ca](mailto:ljulien@temiskamingshores.ca)**



“

The ones that are brave enough to think they can change the world, are the ones that do!

”





## Youth Activities and Clubs

### RHINOS GIRLS HOCKEY CAMP

Rhinos Camp is a summer hockey program based in Temiskaming Shores. The four-day camp is open to girls between the ages of 7 and 14. In addition to hockey, the girls participate in a wide range of activities along the New Liskeard waterfront, including gymnastics, beach volleyball, exercise classes, yoga, mini-golf, tennis and more. The camp will be celebrating its 6th anniversary. Every year, the camp has hosted more girls than the year before, with more than 120 girls expected to participate the 3rd week of August.



**EMAIL** [david.brown@dsb1.ca](mailto:david.brown@dsb1.ca) Dave Brown  
**WEB** [www.rhinoscamp.com](http://www.rhinoscamp.com)

 Rhinos Camp

### ZUBYCK SKILLZ

Zubyck SkillZ offers a multi-sport program to youth in our community and surrounding area including on ice hockey skill development off ice training, track and field, basketball and soccer.

**CALL** [705-648-5546](tel:705-648-5546) John Zubyck  
**EMAIL** [zubyckskillz@gmail.com](mailto:zubyckskillz@gmail.com)

 Zubyck SkillZ  
 johnzubyck

## TIMISKAMING GYMNASTICS

Timiskaming Tumblers Gymnastics Club offers recreational and competitive gymnastics, parkour/tumbling, parent and tot and camps. Birthday parties can be booked online.

*Don Shepherdson Memorial Arena,  
75 Wellington St. New Liskeard, ON*

**CALL** 705-648-0884 Michelle  
**EMAIL** [timgymparty@gmail.com](mailto:timgymparty@gmail.com)  
**WEB** [www.timgymnastics.com](http://www.timgymnastics.com)

## TRI-TOWN BOWLING LANES

Located downtown on Main Street Haileybury, the Tri-Town Bowling Lanes are a 5 pin bowling alley, plus a restaurant. They have women's, men's, senior's, mixed, youth bowling and Special Olympics leagues throughout the winter! Bowling is a sport that is accessible to all, and one in which anyone can excel. People all over the world enjoy the game of bowling, either as a sport, recreation, or means of socializing within the community.

Bowling is a perfect outing for;

- Kids birthday parties
- Corporate parties
- Fundraisers
- First dates and beyond
- Family outings
- Friends night out
- Adult party for any demographic

No matter what you are looking to do, The Tri-Town Bowling Lanes is the only call you need to make to find fun for all in your neighborhood. Come on down and enjoy a night out with friends or family.

*331 Main Steet, Haileybury, ON P0J 1K0*

**CALL** 705-672-3117  
**EMAIL** [victor@tri-townbowling.ca](mailto:victor@tri-townbowling.ca)



## CBJJ MARTIAL ARTS

CBJJ Martial Arts prides itself in developing world class athletes and outstanding human beings. Martial arts are a positive influence in people of all ages. This is a sport for everyone young and old. They foster a healthy and positive environment for everyone to thrive in. Their specialty is Brazilian Jiu Jitsu. They also implement a variety of other martial arts into their curriculum such as boxing, taekwondo, capoeira and movement. They are sanctioned by the highest entities nationally as well as internationally. The first class is always FREE!

*280 Armstrong Street N, Temiskaming Shores, ON P0J 1P0*

**CALL** 416-999-6642  
**EMAIL** [cbjjmartial@gmail.com](mailto:cbjjmartial@gmail.com)

 CBJJ Martial Arts



## PAULA DAVEY DANCE SCHOOL

We are dedicated to inspiring a new generation to love dance.

Our passion is helping children to be the best they can be. We will provide the highest standard of instruction and care. In addition to classical technique, students will receive the gift of self-confidence; learn the grace and style, which is a result from performing to one's personal best, self-esteem and dignity which will enhance their quality of life. Our warmth, discipline and pure love of the dance continue to inspire young people. The studio is a positive atmosphere for kids to have fun and be encouraged to grow technically as well as personally.

*14 Armstrong Street North, New Liskeard, Ontario*

**CALL** 705-647-3687

**EMAIL** [pauladaveydance@gmail.com](mailto:pauladaveydance@gmail.com)



Paula Davey Dance School



[pauladaveydance](https://www.instagram.com/pauladaveydance)

## TEMISKAMING NORTHERN LOONS

The club was founded by coach Bruce Cull in 1991 with 7 swimmers. Over the years, membership has fluctuated to as high as 34 swimmers. Showing a love of the water, some swimmers have joined as young as 6 years. They teach them to be comfortable and confident in the water. Through drills and technical instruction, we teach our swimmers the four basic strokes: free style, back stroke, breast stroke and butterfly. We teach them competitive dive entries, turns, and how to breathe appropriately for the most efficient movement through the water. We are a competitive swim club that has trained our athletes to regional, provincial and national competitive levels for thirty years. Some of our swimmers have been able to join university teams that give them superb travel and training opportunities.

The swim season starts in early September and runs through until May or June for most of the team. If swimmers have advanced to the national level, training will continue for them into July and August. Younger swimmers train with senior swimmer/coaches working under the direction of head coach Bruce Cull. The emphasis at this level is on developing stroke competency, some stamina and basic competitive skills. They practice three afternoons a week and are eligible to compete in Top Fish, a regional age group competition usually held in Timmins and Kirkland Lake. Some may go on to regional competitions in Sudbury and Sault Ste. Marie. When these junior swimmers are more physically mature and ready to train at a more demanding level,

they move up to the senior group where they train full time with head coach Bruce Cull. Depending on the age and experience of the swimmer, they may go to two or three regional meets or as many as one every 5 or 6 weeks between October and August. We train our swimmers from the beginner to the Olympic level and as they rise in abilities, the number of competitions in which they must participate increases.

If you are looking for a wonderful healthy activity that builds a sense of teamwork and close bonds with other participants, TNL may be the choice for you. For more information, visit our Facebook page, contact our executive or just stop by the pool to watch a practice and speak with Coach Cull.





## Transit

Are you looking to purchase a monthly pass or tickets for the transit system? You can now do it online! Please allow at least 2 weeks for standard mail delivery.

The Temiskaming Transit runs Sunday to Saturday (7 days/week) leaving Cobalt at 6:00 a.m. everyday. During weekdays the last bus finishes in Cobalt at 11:00 p.m. and on weekends it finishes in Cobalt at 10:00 p.m..

Please note the bus runs every hour from Monday to Friday during 6:00 a.m. to 10:00 a.m. and 3:00 p.m. to 8:00 p.m.. The service runs every 2 hours during all other operating hours and runs every 2 hours on Saturday and Sunday. This schedule is subject to change. Please continue to watch on the City's website and socials for any updates.

There is no service on Statutory Holidays: Christmas Day, New Year's Day, Family Day, Good Friday, unless otherwise posted. All other holidays will run on a 2-hour transit service.

### READING THE MAP

Northbound routes are highlighted in orange. Southbound routes are highlighted in blue. Approximate bus stops are highlighted with yellow circles and stop numbers which correspond to the listed stop locations. To view route map go to [www.temiskamingtransit.ca](http://www.temiskamingtransit.ca).

**WEB** [www.temiskamingtransit.ca](http://www.temiskamingtransit.ca)

### WHERE CAN I PURCHASE TICKETS/MONTHLY PASS?

Ticket booklets can be purchased at the following locations:

- City Hall
- Temiskaming Shores Library
- Pinkys Variety
- Pool & Fitness Centre
- Findlay's Drug Store
- Smallman IDA Pharmacy
- White Mountain Publications (50 Silver St. Cobalt, ON)

Monthly Passes can be purchased at the following locations provided you have a valid transit photo ID (Temiskaming Transit Photo ID's can only be purchased at City Hall or the Pool & Fitness Centre):

- City Hall
- Pinkys Variety
- Pool & Fitness Centre
- Temiskaming Shores Library
- Online



# Recreation Directory

## ARENA ACTIVITIES CONTACTS

### NEW LISKEARD CUBS

Claude Denomme

**EMAIL** [ckdenomme500@gmail.com](mailto:ckdenomme500@gmail.com)

### NEW LISKEARD LIONS U18

Al Roy

**EMAIL** [lionsU18nl@gmail.com](mailto:lionsU18nl@gmail.com)

### TEMISKAMING SHORES MINOR HOCKEY

**EMAIL** [tsmha@outlook.com](mailto:tsmha@outlook.com)

### TEMISKAMING SHORES FIGURE SKATING CLUB

**EMAIL** [tsskatingclub@gmail.com](mailto:tsskatingclub@gmail.com)

### GRANT PROPANE OLDTIMERS

Mike Stinkowji

**EMAIL** [mike.stinkowji@cibc.ca](mailto:mike.stinkowji@cibc.ca)

### ARMSTRONG MOTORS OLDTIMERS

Mike Kidd

**EMAIL** [kiddcrestfarms@gmail.com](mailto:kiddcrestfarms@gmail.com)

### MEN'S HOCKEY LEAGUE

Pat Elliott

**CALL** 705-650-1817

**EMAIL** [spectra\\_elliott@hotmail.com](mailto:spectra_elliott@hotmail.com)

### CHUCK NEEDHAM MEN'S HOCKEY

Chuck Needham

**EMAIL** [jonahhex@fibreop.ca](mailto:jonahhex@fibreop.ca)

### WOMEN'S HOCKEY LEAGUE

Amy Portelance

**EMAIL** [iamportelance@gmail.com](mailto:iamportelance@gmail.com)

### OLDTIMERS

Ernie Harmon

**EMAIL** [leisure@leisureinn.net](mailto:leisure@leisureinn.net)

### NORTHERN ONTARIO HOCKEY ASSOCIATION

**EMAIL** [kmaitland@noha-hockey.ca](mailto:kmaitland@noha-hockey.ca)

**WEB** [www.noha-hockey.com](http://www.noha-hockey.com)

## BASEBALL LEAGUES CONTACTS

### TEMISKAMING SHORES MIXED SLOW PITCH

Theo Cull

**CALL** 705-622-2578

**EMAIL** [theocull@gmail.com](mailto:theocull@gmail.com)

### MEN'S SLOW PITCH

Abe Doupe

**CALL** 705-676-5300

**EMAIL** [abedoupe@hotmail.com](mailto:abedoupe@hotmail.com)

### LADIES' SLOW PITCH

Melissa Lacarte

**CALL** 705-648-5182

### RURAL YOUTH MIXED LEAGUE

Alex Regele

**CALL** 705-648-5132

**EMAIL** [alexregele@hotmail.com](mailto:alexregele@hotmail.com)

## OTHER SPORTS & RECREATION

### HAUNTED HUSTLE & HOP TO IT BEER RUN

**EMAIL** [statohauntedhustle@gmail.com](mailto:statohauntedhustle@gmail.com)

**WEB** [www.hauntedhustle.org](http://www.hauntedhustle.org)


 STATOsHauntedHustle

### GET ACTIVE TEMISKAMING

Chandra Juurlink

**EMAIL** [getactiveintemiskaming@gmail.com](mailto:getactiveintemiskaming@gmail.com)

**WEB** [www.getactiveintemiskaming.ca](http://www.getactiveintemiskaming.ca)

 Get Active in Temiskaming

## HORNE GRANITE CURLING CLUB

11 May St S, New Liskeard

**CALL** 705-647-4422

 Horne Granite Curling Club


## HAILEYBURY CURLING CLUB

434 Leslie MacFarlane, Haileybury

**CALL** 705-672-3515

**EMAIL** [info@haileyburycurlingclub.ca](mailto:info@haileyburycurlingclub.ca)

**WEB** [www.haileyburycurlingclub.ca](http://www.haileyburycurlingclub.ca)

 Haileybury Curling Club

## TRI-TOWN SNO TRAVELERS AND CLUB ECHO

**EMAIL** [wramsaylaw.ca](mailto:wramsaylaw.ca)

**WEB** [ttst.ca](http://ttst.ca)

 Tri-Town Sno Travellers and Club Echo


## TEMISKAMING NORDIC SKI CLUB

918191 Access Road, Coleman Twp.

**CALL** 705-679-5106

**EMAIL** [temiskamingnordicskiclub@gmail.com](mailto:temiskamingnordicskiclub@gmail.com)

**WEB** [www.temiskamingnordic.ca](http://www.temiskamingnordic.ca)

 Temiskaming Nordic Ski Club


## TRI-TOWN SKI & SNOWBOARD VILLAGE

974368 Hwy 567, North Cobalt

**CALL** 705-672-3888

**EMAIL** [info@tritownskivillage.ca](mailto:info@tritownskivillage.ca)

**WEB** [www.tritownskivillage.ca](http://www.tritownskivillage.ca)

 Tri-Town Ski & Snowboard Village

## NEW LISKEARD GOLF CLUB

804027 Golf Course Road, New Liskeard

**CALL** 705-647-6651

**EMAIL** [nlgc.info@gmail.com](mailto:nlgc.info@gmail.com)

**WEB** [www.nlgc.ca](http://www.nlgc.ca)

 New Liskeard Golf Club


## HAILEYBURY GOLF CLUB

800 Latchford St, Haileybury

**CALL** 705-672-3455

**EMAIL** [info@haileyburygolfclub.com](mailto:info@haileyburygolfclub.com)

**WEB** [www.haileyburygolfclub.com](http://www.haileyburygolfclub.com)

 Haileybury Golf Club

## TEMISKAMING SHORES PICKLEBALL CLUB

**EMAIL** [rtench1@gmail.com](mailto:rtench1@gmail.com)


 Temiskaming Shores Pickleball

## THE SNACK SHACK & MINI PUTT ICE CREAM SHOP

1 Fleming Drive, New Liskeard

**CALL** 705-648-1712

**EMAIL** [snackshack705@gmail.com](mailto:snackshack705@gmail.com)

 The Snack Shack & Mini Putt Ice Cream Shop

## TRI-TOWN BOWLING LANES

331 Main St, Haileybury

**CALL** 705-672-3117

**EMAIL** [victor@tri-townbowling.ca](mailto:victor@tri-townbowling.ca)

 Tri-Town Bowling Lanes

## LATCHFORD PAINTBALL

16 King St, Latchford


**CALL** 705-676-2149

## CBJJ MARTIAL ARTS

280 Armstrong Street N. New Liskeard

**CALL** 416-999-6642

**EMAIL** [cbjjmartialarts@gmail.com](mailto:cbjjmartialarts@gmail.com)

 CBJJ Martial Arts

## TAE KWON DO

Mike Beaupre

**CALL** 705-676-2149

## PAULA DAVEY DANCE STUDIO

14 Armstrong St N, New Liskeard

**CALL** 705-647-3687

**EMAIL** [pauladaveydance@gmail.com](mailto:pauladaveydance@gmail.com)

**WEB** [www.pauladaveydance.com](http://www.pauladaveydance.com)


## TIMISKAMING GYMNASTICS

75 Wellington St, New Liskeard

**CALL** 705-648-0884


**EMAIL** [timgymparty@gmail.com](mailto:timgymparty@gmail.com)

**WEB** [www.timgymnastics.com](http://www.timgymnastics.com)

 Timiskaming Gymnastics

## TRI-TOWN SOCCER CLUB

**EMAIL** [tsscinformation@gmail.ca](mailto:tsscinformation@gmail.ca)

 Temiskaming Shores Soccer Club

## TRI-TOWN LADIES BASKETBALL

Davanna Allen

**CALL** 705-662-1824

**EMAIL** [davannajane@gmail.com](mailto:davannajane@gmail.com)

**f** Tri-Town Ladies Basketball League

## NEW LISKEARD MENS BASKETBALL

Alex Regele

**CALL** 705-648-5132

**EMAIL** [alexregele@hotmail.com](mailto:alexregele@hotmail.com)

## BEACH VOLLEYBALL

Nikki Cambridge

**CALL** 705-676-5925

**EMAIL** [tsbeachvolleyball@gmail.com](mailto:tsbeachvolleyball@gmail.com)

## TEMISKAMING NORTHERN LOONS SWIM CLUB

**EMAIL** [tnlswimclub@gmail.com](mailto:tnlswimclub@gmail.com)

**f** TNLSC

## RHINO'S GIRLS HOCKEY CAMP

Dave Brown

**EMAIL** [david.brown@dsb1.ca](mailto:david.brown@dsb1.ca)

**WEB** [www.rhinoscamp.com](http://www.rhinoscamp.com)

## ZUBYCK SKILLZ

John Zubycck

**CALL** 705-648-5546

**EMAIL** [zubyckskillz@gmail.com](mailto:zubyckskillz@gmail.com)

## FAIRS & EVENTS CONTACTS

### NEW LISKEARD FALL FAIR

**CALL** 705-647-4242

**EMAIL** [nlfallfair@gmail.com](mailto:nlfallfair@gmail.com)

**WEB** [www.newliskeardfallfair.ca](http://www.newliskeardfallfair.ca)

### VILLAGE NOEL TEMISKAMING

**CALL** 705-647-8500

**EMAIL** [info@centreartem.org](mailto:info@centreartem.org)

**WEB** [www.villagenoel.com](http://www.villagenoel.com)

### NORTH ON TAP! CRAFT BEER FESTIVAL

**CALL** 705-648-8810

**EMAIL** [northontap@gmail.com](mailto:northontap@gmail.com)

**WEB** [www.northontap.ca](http://www.northontap.ca)





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